

Opening Mantra

ॐ

वन्दे गुरुणां चरणारवन्दि सन्दर्शति स्वात्म सुखाव बोधे ।

नःश्रेयसे जङ्गलकायमाने संसार हालाहल मोहशांत्यै ॥

आबाहु पुरुषाकारं शंखचक्रासिधारणिम् ।

सहस्र शरिसं श्वेतं प्रणमामपितञ्जलिम् ॥

ॐ

Aum

Vande gurūṇāṃ caraṇāravinde sandarśita svātma sukhāva bodhe ।

Niḥ-śreyase jaṅgali-kāyamāne saṁsāra hālāhala mohaśāntyai ॥

Abāhu puruṣākāraṁ śaṁkhacakrāsi dhāriṇam ।

Sahasra śirasam śvetam praṇamāmi patañjalim ॥

Aum

OM

I bow to the lotus feet of the supreme guru, who
teaches knowledge,
awakening the great happiness of our true self.
Like a jungle physician able to remove the poison of conditioning and illusion.

An upper body of human form, carrying the conch of divine sound, the discus
of infinite time and the sword of discrimination. With a thousand radiant
heads, I bow to Patanjali.

OM



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Closing Mantra

(Mangala mantra)

ॐ

स्वस्तपिरजाभ्यः परपिलयंतां यायेन मार्गेण महीं महीशाः ।
गोब्राह्मणेभ्यः शुभमस्तु नत्तियं लोकाः समस्ताः सुखनीभवन्तु ॥
ॐ शान्तिः शान्तिः शान्तिः

Aum

Svasti-prajā-bhyaḥ pari-pāla-yaṁtām
Nyāyena mārgēṇa mahīm mahīśāḥ |

Go-brāhmaṇebhyaḥ śubham-astu nityam
Lokāḥ samastāḥ sukhino-bhavaṁtu ||

Aum śāntiḥ śāntiḥ śāntiḥ

OM

May the well-being of all people be protected.
May the powerful and mighty leaders rule the world with law and justice.

May all things that are sacred be protected.
May all the people of the world be happy and prosperous.

Om peace, peace, peace



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